

Save The Date
April 8th 4-8 p.m.

LIVE
BIG
BAND

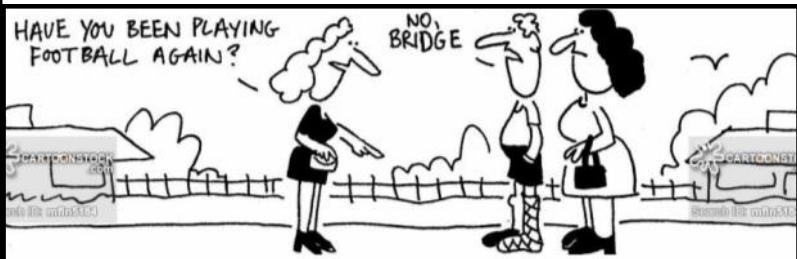
BENEFIT
DANCE
4
CARES
ELFERS
CENTER

Music / Dancing
Cash Bar / Hors D'oeuvres



Our first attempt at Duplicate Bridge has been delayed and though we are a certified location, we need a director.

If anyone is qualified and would be interested, please call Glenna.



Our Avon Fundraiser Manager helped us with a community project to provide Annie Owls to the little guys in the Pre K Class at Cotee River Elementary School. You can see from their faces they were thrilled to receive these sweet soft stuffed animals.



LEARN ABOUT
AROMATHERAPY

Joanne Green will be with us every other week to talk about the benefits of essential oils. Please feel free to join the group to learn more about oils and how they can affect your health and well being. There is a sign up sheet at the front desk and it would be nice for Joanne to know how many to expect each session.



The Communicator

4136 Barker Dr. New Port Richey, FL 34652

February 2017

727-847-1290



FROM MY DESK

Welcome to our shortest month of the year. If the previous months are to be an indicator, this short month will seem to fly faster than it should. We continue our health and wellness classes on Tuesday and Thursdays and at the same time we have Tai Chi Classes with Cindy from 3- 4 p.m.

Our first attempt at Duplicate Bridge has been delayed and though we are a certified location, we need a director. If anyone is qualified and would be interested, please give me a call.

We are planning a Big Fundraiser for CARES Elfers Center. An afternoon of Live Big Band Music and Dancing. With heavy hors d'oeuvres, a Cash Bar, 50/50 and beautiful raffle baskets. The date is April 8 from 4 to 8 p.m. and we will have flyers out and tickets for sale by mid February. This will be an opportunity to spend a wonderful afternoon with friends and give CARES Elfers a much needed financial boost. Please save the date

and time and join us for an afternoon of fun and frolic.

Please note on the calendar that the Bay Area Legal will be with us twice a month now. On the second and fourth Wednesday afternoons by appointment only. There is no charge for this service but we ask you to please sign up at the front desk if you are interested.

SHINE will be here twice in February on the second and fourth Friday. Appointments begin at 9 a.m. and you can sign up at the front desk.

We are going to have a Volunteer Appreciation Meet & Greet on February 24th at 2:30 p.m.

There will be a note attached to your sign in sheet to remind you. Our Volunteers are the engine that makes our Elfers Center run so smoothly and before our winter visitors leave us, we want to include them in our Thank Yous. Please mark your calendars.





As always, your thoughts, concerns and comments are important to me. My door is always open, so y'all come on in.

VOLUNTEER APPRECIATION - MEET & GREET



FEBRUARY 24TH 2:30 P.M.

SAVE THE DATE

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|--|---|---|--|---|
|   <p>Fight the No. 1 Killer of Women HEART DISEASE During American Heart Month</p> <p>The facts are clear. More women die of heart disease than all forms of cancer combined. Uncover the truth and make ending heart disease a reality.</p> | | <p><u>Café 11-1:30</u> 1</p> <p>8:00 \$3 Wood Carvers 9-10 SS Circuit 10:15-11:15 SS Yoga Stretch 12-4 Library Open 1-3 \$5 Instructed Art</p> | <p><u>Café 11-1:30</u> 2</p> <p>9:00 am Hand Quilters for CARES 8:30-9:30 SS Pilates-Chair Optional 10-11 SS Classic 11:30-3 \$3 Bridge, Canasta</p> <p>6:30 \$5 Zumba w/Kim</p> | <p><u>Café 11-1:30</u> 3</p> <p>8-10 \$3 Stained glass 9-1 Library Open 9 Yoga chair or floor 10-10:45 Zumba Gold /Toning: (SS Only) 11-11:45 \$3 Gentle Exercise 12-3 \$3 Mahjong Play</p> | <p><u>Café 11-3</u> 4</p> <p>9:00 am \$5 ZUMBA</p> <p>1-4 JAM \$3 Country, Gospel, Bluegrass</p> <p>\$3 5:30 -8:30 pm Karaoke</p> | |
| <p>5</p> <p>Noon: NPR Stamp Club Meeting Public Invited</p>  | <p><u>Café 11-1:30</u> 6</p> <p>8:45 \$3 Tai Chi Beginners 9:30 \$3 Tai Chi Advanced 10:30 SS Circuit 11-11:45 \$3 Gentle Exercise 12-4 Library Open 12-2:30 \$3 Portrait Class/Live Models 1:00-3:30 Bingo 6 pm \$5 Weights for Women- 7pm Wood Carvers</p> | <p><u>Café 11-1:30</u> 7</p> <p>8:00 Hand Quilters for CARES 8:30-9:30 SS Pilates-chair optional 10-11 SS Classic 12:30-1:30 \$6 Gentle Mov. 4 Sr's (Gentle Karate 1-2 \$3 Couples C & W Dance Steps 2-3 Intermediate Ballroom Dance 6:30 \$5 Zumba with Kim</p> | <p><u>Café 11-1:30</u> 8</p> <p>8:00 \$3 Wood Carvers 9-10 SS Circuit 10:15-11:15 SS Yoga Stretch 11:30 \$0 Aromatherapy 12-4 Library Open 1-3 \$5 Instructed Art 1:00 Bay Area Legal APPT ONLY</p> <p>7 pm Boy Scouts</p> | <p><u>Café 11-1:30</u> 9</p> <p>9:00 Hand Quilters for CARES 8:30-9:30 SS Pilates-Chair Optional 10-11 SS Classic 11:30-3 \$3 Bridge, Canasta 6:30 \$5 Zumba w/Kim 5:45-7:45 Girl Scouts</p> | <p><u>Café 11-1:30</u> 10</p> <p>8-10 \$3 Stained glass 9-1 Library Open 9 Yoga chair or floor 9a \$0 SHINE APPOINTMENTS ONLY 10-10:50 Zumba Gold /Toning: (SS Only) 11-11:45 \$3 Gentle Exercise 12-3 \$3 Mahjong Play</p> | <p><u>Café 11-3</u> 11</p> <p>9:00 a.m. \$5 ZUMBA</p> <p>1-4 JAM \$3 Country, Gospel, Bluegrass</p> <p>\$3 5:30 -8:30 pm Karaoke</p> |
| 12 | <p><u>Café 11-1:30</u> 13</p> <p>8:45 \$3 Tai Chi Beginners 9:30 \$3 Tai Chi Advanced 10:30 SS Circuit 11-11:45 \$3 Gentle Exercise 12-4 Library Open 12-2:30 \$3 Portrait Class/Live Models 1:00-3:30 Bingo 6p \$5 Weights for Women 7p H.O. Meeting</p> | <p><u>Café 11-1:30</u> 14</p> <p>8:00 Hand Quilters for CARES 8:30-9:30 SS Pilates-chair optional 10-11 SS Classic 12:30-1:30 \$6 Gentle Mov. 4 Sr's 1-2 \$3 Couples C & W Dance Steps 2-3 Intermediate Ballroom Dance 1:30 St. John's Hearing Clinic 6:30 \$5 Zumba with Kim</p> | <p><u>Café 11-1:30</u> 15</p> <p>8:00 \$3 Wood Carvers 9-10 SS Circuit 10:15-11:15 SS Yoga Stretch 12-4 Library Open 1-3 \$5 Instructed Art</p> | <p><u>Café 11-1:30</u> 16</p> <p>9:00 am Hand Quilters for CARES 8:30-9:30 SS Pilates-Chair Optional 10-11 SS Classic 11:30-3 \$3 Bridge, Canasta</p> <p>6:30 \$5 Zumba w/Kim</p> | <p><u>Café 11-1:30</u> 17</p> <p>8-10 \$3 Stained glass 9-1 Library Open 9 Yoga chair or floor 10-10:50 Zumba Gold /Toning: 11-11:45 \$3 Gentle Exercise 12-3 \$3 Mahjong Play</p> | <p><u>Café 11-3</u> 18</p> <p>9:00 a.m. \$5 ZUMBA</p> <p>1-4 Country Connection; Bluegrass, Country Western, Gospel \$3</p> <p>Karaoke \$3 5:30-8:30 pm</p> |
| 19 | <p><u>Café 11-1:30</u> 20</p> <p>8:45 \$3 Tai Chi Beginners 9:30 \$3 Tai Chi Advanced 10-11 Choice Hearing Clinic 10:30 SS Circuit 11-11:45 \$3 Gentle Exercise 12-4 Library Open 12-2:30 \$3 Portrait Class/Live Models 1:00-3:30 Bingo 6 pm \$5 Weights for Women</p> | <p><u>Café 11-1:30</u> 21</p> <p>8:00 Hand Quilters for CARES 8:30-9:30 SS Pilates-chair optional 10-11 SS Classic 12:30-1:30 \$6 Gentle Mov. 4 Sr's 1-2 \$3 Couples C & W Dance Steps 2-3 Intermediate Ballroom Dance 6:30 \$5 Zumba with Kim</p> | <p><u>Café 11-1:30</u> 22</p> <p>8:00 \$3 Wood Carvers 9-10 SS Circuit 10:15-11:15 SS Yoga Stretch 11:30 \$0 Aromatherapy 12-4 Library Open 1-3 \$5 Instructed Art 1:00 Book-In-A-Bag Bookclub 1:00 Bay Area Legal APPT ONLY</p> | <p><u>Café 11-1:30</u> 23</p> <p>9:00 Hand Quilters for CARES 8:30-9:30 SS Pilates-Chair Optional 10-11 SS Classic 11:30-3 \$3 Bridge, Canasta 6:30 \$5 Zumba w/Kim 5:45-7:45 Girl Scouts</p> | <p><u>Café 11-1:30</u> 24</p> <p>8-10 \$3 Stained glass 9-1 Library Open 9 Yoga chair or floor 9 \$0 SHINE APPOINTMENT ONLY 10-10:50 Zumba Gold /Toning: (SS Only) 11-11:45 \$3 Gentle Exercise 12-3 \$3 Mahjong Play 2:30 VOLUNTEER APPRECIATION</p> | <p><u>Café 11-3</u> 25</p> <p>9:00 a.m. \$5 ZUMBA</p> <p>1-4 Country Connection; Bluegrass, Country Western, Gospel \$3</p> <p>Karaoke \$3 5:30-8:30 pm</p> |
| 26 | <p><u>Café 11-1:30</u> 27</p> <p>8:45 \$3 Tai Chi Beginners 9:30 \$3 Tai Chi Advanced 10:30 SS Circuit 11-11:45 \$3 Gentle Exercise 12-4 Library Open 12-2:30 \$3 Portrait Class/Live Models 1:00-3:30 Bingo 6 pm \$5 Weights for Women</p> | <p><u>Café 11-1:30</u> 28</p> <p>8:00 Hand Quilters for CARES 8:30-9:30 SS Pilates-chair optional 10-11 SS Classic 12:30-1:30 \$6 Gentle Mov. 4 Sr's 1-2 \$3 Couples C & W Dance Steps 2-3 Intermediate Ballroom Dance 6:30 \$5 Zumba with Kim</p> |  | | <p>COMPUTER CLASSES Tuesday, Wednesday, Thursday 8 a.m. to 2 p.m. by Appointment Call Bob at 727-847-1290 or Leave a Message at the Reception Desk</p> | |

SS: Identifies Silver Sneakers Classes



February 2017

4136 Barker Dr.
New Port Richey, FL 34652

727-847-1290

www.caresfl.org



The AVERY BRANCH LIBRARY
is part of the City of NPR Library

System and located in CARES Elfers Center!

Hours are Mon. & Wed. 12 - 4 p.m. Friday 9 - 1