

HEALTH & WELLNESS EXPO

**BENEFITS CARES
SENIOR HEALTH CLINIC**



**Thursday, November 19th
9:00 a.m. to 1:00 p.m.**

Held at the **First United Methodist Church**
13123 US 19, Hudson, FL 34667
Call 727-868-6178

DOOR PRIZES & GIVEAWAYS!

PRESENTING SPONSORS:

REGIONAL
MEDICAL CENTER
BAYONET POINT



TITLE SPONSORS:

Atlas Insurance Services
BAYADA Home Health Care
New Image Dermatology
Suncoast Clinical Research

**Invest a few hours
in your health!**

**Learn about the many
services in our community.
Donate blood. Visit exhibits.**

**Plan to stay for lunch.
A healthy boxed meal will
be available to purchase.**

SEE YOU THERE!

- **A FREE EVENT!**
- **FREE Health Screenings**
- **Over 25 Local Vendors**
- **Flu Shots** DON'T FORGET YOUR INSURANCE CARD!
- **Meet Health Specialists**
- **Equipment & Supplies**
- **Community Resources**
- **Caregiver Information**
- **Wellness Programs**
- **Refreshments Available**
- **CARES Café Lunch Box**