



# IN THE KNOW

*Developing Top-Notch CNAs, One Inservice at a Time*

## A Disease Process Module: Understanding Dementia

**Are you "In the Know" about dementia? Circle the best choice or fill in your answer. Then check your answers with your supervisor!**

1. **Dementia is a:**
  - A. Disease.
  - B. Group of symptoms.
  - C. Normal part of aging.
  - D. Virus.
2. **Dementia can be easily mistaken for delirium or:**
  - A. Depression.
  - B. Denial.
  - C. Diabetes.
  - D. None of these.
3. **Every day, around 4:30 pm, your client with dementia becomes agitated and restless. It's difficult to get him to settle down. You should:**
  - A. Limit sugar and caffeine, especially late in the day.
  - B. Close the drapes and turn on the lights before the sun begins to set.
  - C. Keep afternoon and evening hours calm, filled with quiet activities only.
  - D. All of the above.
4. **Your client with dementia just flew into a rage for no apparent reason, you should:**
  - A. Try to reason with him.
  - B. Apply restraints.
  - C. Reassure him (from a safe distance).
  - D. None of the above.
5. **True or False**  
The most common cause of dementia is heart disease.
6. **True or False**  
Dementia cannot be prevented.
7. **True or False**  
You should limit clothing choices for clients with dementia.
8. **True or False**  
Always feed clients with dementia in the dining room where they can participate in social interactions.
9. **True or False**  
Most cases of dementia are permanent and get worse over time.
10. **True or False**  
Clients with dementia tend to wander or get lost in familiar places when their dementia is in the "severe" stage.

EMPLOYEE NAME  
(Please print):

DATE: \_\_\_\_\_

- **I understand the information presented in this inservice.**
- **I have completed this inservice and answered at least eight of the test questions correctly.**

EMPLOYEE SIGNATURE: \_\_\_\_\_

SUPERVISOR SIGNATURE: \_\_\_\_\_

### Inservice Credit:

<input type="checkbox"/> Self Study	1 hour
<input type="checkbox"/> Group Study	1 hour

**File completed test in employee's personnel file.**