



IN THE KNOW

Developing Top-Notch CNAs, One Inservice at a Time

A Professional Growth Module: Maintaining a Professional Distance

Are you "In the Know" about professional distance? Circle the best choice or fill in your answer. Then check your answers with your supervisor!

EMPLOYEE NAME
(Please print):

DATE: _____

- ***I understand the information presented in this inservice.***
- ***I have completed this inservice and answered at least eight of the test questions correctly.***

EMPLOYEE SIGNATURE: _____

SUPERVISOR SIGNATURE: _____

Inservice Credit:

<input type="checkbox"/> Self Study	1 hour
<input type="checkbox"/> Group Study	1 hour

File completed test in employee's personnel file.

- Having an understanding of your client's feelings and acting on that understanding in a helpful way is known as**
 - Genuineness.
 - Sympathy.
 - Therapeutic relationship.
 - Empathy.
- A basic physical need that must be met before any other need matters is**
 - Food.
 - Elimination.
 - Sleep.
 - All of these.
- You may have crossed the professional distance line if you**
 - Visit or call a client on your day off.
 - Offer a back massage after a bed bath.
 - Give manicures to all your female clients.
 - Help your client arrange photos in a photo album.
- When you do things for a client that he can do without your help, you**
 - Are just doing what you are paid to do.
 - Help him gain strength and confidence.
 - Limit his ability to gain or maintain self-care skills.
 - Know you will get praise and thank-you gifts from his family.
- True or False**
Keeping a professional distance means clients and co-workers cannot know anything about your personal life.
- True or False**
It's okay to accept a gift of cash, as long as you feel like you really deserve it.
- True or False**
Having a romantic relationship with a client or co-worker can get you fired.
- True or False**
You should never discuss your opinions on politics, religion or money at work.
- True or False**
The goal of the client/caregiver relationship is to identify and meet the client's needs.
- True or False**
You should give better care and more attention to clients who give you gifts.