



*Developing Top-Notch CNAs, One Inservice at a Time*

*A Disease Process Module:*  
**Understanding Alzheimer's Disease**

***Are you "In the Know" about Alzheimer's Disease?  
Circle the best choice. Then check your answers with your supervisor!***

EMPLOYEE NAME  
*(Please print):*

\_\_\_\_\_

DATE: \_\_\_\_\_

- ***I understand the information presented in this inservice.***
- ***I have completed this inservice and answered at least eight of the test questions correctly.***

EMPLOYEE SIGNATURE:

\_\_\_\_\_

SUPERVISOR SIGNATURE:

\_\_\_\_\_

**Inservice Credit:**

<input type="checkbox"/> Self Study	1 hour
<input type="checkbox"/> Group Study	1 hour

***File completed test in employee's personnel file.***

**1. True or False**

Alzheimer's is a progressive, degenerative disease for which there is no cure.

**2. True or False**

Plaques and tangles help neurons send and receive messages.

**3. True or False**

Researchers believe Alzheimer's disease is mainly caused by lifestyle choices.

**4. Fill in the Blank**

The only way to diagnose Alzheimer's disease for sure is by performing an \_\_\_\_\_ after the person has died.

**5. At which stage of AD might the client begin shadowing (or following people)?**

- A. Early stage.
- B. Middle stage.
- C. Late stage.
- D. Terminal stage.

**6. True or False**

Wandering is a common symptom in most AD clients.

**7. True or False**

Clients with AD benefit when you keep a predictable routine, limit choices, and avoid sudden changes.

**8. True or False**

If your client becomes agitated and will not stop pacing, you should place her in restraints.

**9. True or False**

Speaking to your AD clients from behind may startle and frighten them.

**10. True or False**

Drowsiness and anxiety are side effects of AD medications.