



# Adult Day Care Services

## A great way to spend the day!

CARES Adult Day Services provides a caring and stimulating environment that inspires positive feelings of dignity and confidence. Our attentive staff encourages self-care and assists participants with physical, medical or memory challenges that may diminish their independence. Planned activities and events create a happy environment enriching the lives of everyone at their own skill level. Participants enjoy social interactions and benefits of activities for both physical and mental health. Caregivers enjoy peace of mind, knowing that their loved one is receiving excellent care in a pleasant and engaging atmosphere.

### Services Include:

- Personalized plan of care
- Supervision of seniors with memory impairments
- Medication monitoring by the staff nurse
- Breakfast, lunch and a snack
- Transportation by a contract provider
- Health screenings
- Access to resources
- Support groups

### Activities Include:

- Arts, crafts and creative projects
- Musical entertainment
- Holiday & birthday celebrations
- Chair exercises
- Early memory loss programs
- Mental and physical stimulation games
- Therapy dog visits

### Keeping Our Participants Safe:

- Preliminary screenings by participant's physician
- COVID 19 Questionnaire
- Temperature checks every morning
- Social distancing – 6' apart
- Everyone wears a mask except when eating (social distancing observed)
- Hand sanitizer at the entrance & throughout the Day Care Area
- Furniture & items sanitized throughout the day
- Disposable plates and utensils are used

### Day Care Center's Schedule

#### Claude Pepper Senior Center

6640 Van Buren St. – New Port Richey

To schedule a tour, call (727) 844-3077, ext. 2113

**Hours: 8:30AM – 3:00PM**

Breakfast  
Social Gathering  
Reading Room  
Chair/Stretching Exercises  
Daily Chronicles  
Activities  
Lunch  
Snack Served  
Activities

#### Crescent Senior Center

13906 5<sup>th</sup> Street – Dade City

To schedule a tour, call (352) 518-9300

**Hours: 8:30AM – 4:30PM**

Breakfast  
Social Gathering  
Reading Room  
Chair/Stretching Exercises  
Daily Chronicles  
Activities  
Lunch  
Snack Served  
Activities